

**Parkhead Youth Project**

Supporting and Empowering Young People



# **2023 ANNUAL REPORT**

Scottish Charity No: SC02378  
Company Number: SC240238



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# HELLO & WELCOME

Thank you for all coming along to our AGM which takes us into our 30th year as operating as a charity. Throughout the year we hope to host activities and events celebrating this achievement and hope to see you all soon. I would like to take this opportunity to thank the Staff, the Board and volunteers for their hard work and participation in the Project. I would especially like to thank all our children and young people and their families for taking part in our activities and we appreciate the support. Included in the report is the funders and partners that make all this possible and have enabled us to provide great opportunities for young people.

Thanks to you all,  
Wullie Pearson, Chairperson.

Hello everyone and welcome to the 2023 Annual Report. When putting this together it really amazes me how much we squeezed into the year, especially with us being a small team. Throughout this report you will see lots of photos giving you an idea of what we have been up to.

This year sees PYP going into its 30th year and having been here for 19 of those years I can see the impact it has on not only children and young people but families. Now I am seeing the 'young people' that I worked with bring along their children and in some cases 'teenagers' to our services. This is a great testament to the Project as a whole and all the inspiring workers that have been here over the years. Now I am proud to say that within our staff team we have young people who attended our services now working as youth workers and hope that this continues into the future.

We have been successful in securing funding for some great programmes which have opened up many opportunities to our members. Getting out the area on trips and residential is important to us and these funders have made all this possible. This year I have particularly loved the community events getting to meet children, young people and the wider family unit. We intend to hold more of these in the future.

Hope you enjoy the AGM and the contents of this report. We are planning more events celebrating the 30th year so watch this space.

Liz Mitchell, Project Manager



# REVIEW OF SERVICES

## *Drop ins at Parkhead Schoolhouse & Helenvale Community Hub*

Our Monday and Friday Drop ins are a great way for the children and young people to get to know each other, meet the staff and have fun in a safe environment. Young people bring their ideas to the staff about activities and events that they want to be included in these sessions. At Teens Monday Drop In, 12 young people completed a 6-week Air Fryer Cooking Course. At the end of the course they were each gifted an air fryer to continue their cooking at home.





## *Drop ins at Parkhead Schoolhouse & Helenvale Community Hub*



When possible we also use the outdoors during Drop Ins so the list of activities is endless. Many of these activities are made up by the young people themselves. At every session we record feedback from the children and young people which shapes the content of following sessions. It is important that these 'voices' are what shapes the Project.

**Our clubs and drop ins are full of great activities including:**

- Board Games
- Arts & Crafts
- Oculus
- Switch
- Team Games
- Beardmore Park
- Baking
- Cooking
- Quizzes
- Dancing



## *Tuesday Drama Group*

A great year for our Drama Group with up to 26 young people attending. The community enjoyed their “Mad Hatters Tea Party” event in April with performances from young people as well as a high tea fit for a Queen (of Hearts). Participating in PYP Drama Group means young people can benefit from...

- Improved confidence
- Enhanced communication
- Teamwork
- Understanding empathy and emotions
- Boosting self expression





## ***Forest School***

Our young people love being outdoors and we make full use of Beardmore Park during our Forest Schools. Lots of fun activities in whatever the weather throws at us.

Anyone attending Forest School can benefit from increasing ...

- Confidence
- Social skills
- Physical health
- Appreciation of nature
- Understanding of environment
- Reduce stress and anxiety





# SEASONAL PROGRAMMES

February Mid-Term | Spring | Summer | October

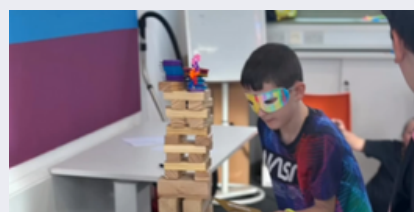
*School holidays always result in fun, adventure, laughter, new experiences and making memories. Here's to many more ...*





We have in house activities as well as trips out. Some of the highlights have been..

- Cafe/Arts & lunch
- Time Capsule
- Climbing
- Wiston Lodge
- Easter Egg hunt
- Paddlesports
- Flip Out
- Top Secret Session
- Spooktacular





# COMMUNITY EVENTS

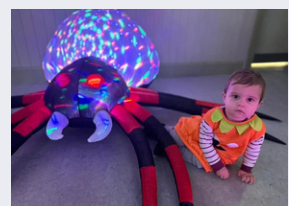
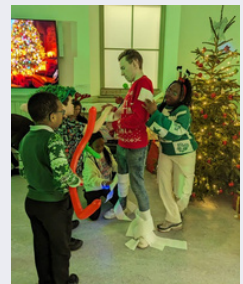
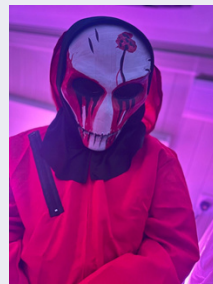
This has been a great year for sharing events with the wider community. Bringing together families, the wider community and our partners we have had loads of fun.

- Mad Hatters Tea Party
- Anas Sarwar visit
- Art in the Park
- Beach party
- PHA Gala Day
- Halloween Party
- Christmas Party





# COMMUNITY EVENTS





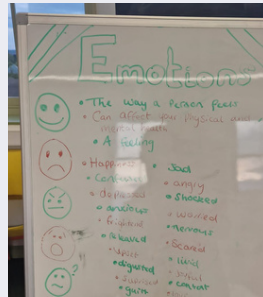
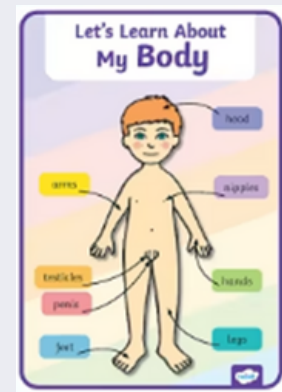
# HOPSCOTCH RESIDENTIAL

PYP have been going to Hopscotch for a long time. Now we are taking children whose parents went with PYP when they were young. Often a first time away from the family for the children, they learn to be independent, make new friends, experience new things and most of all make a lifelong memory.



# GEEZACHANCE PROGRAMME

PYP work in partnership with Geezabreak to deliver this 11 week programme several times a year. This is for children and young people aged 8-14 years who are in kinship care. The programmes are filled with issue based workshops for example, emotions, internet safety, cooking, mental health and activities.





# AWARD PROGRAMMES

We were lucky to receive funding that allowed us to give young people the opportunity to take part in several activities where they could work towards an award. This was an exciting time for them and for many they faced their fears and challenged themselves.

- Wellness Wednesday Dynamic Youth Award
- The Climbing Academy - Nimbus Award
- Pinkston Watersports - Discovery Paddle Sports Award
- Snow Camp - First Tracks Course
- Snow Camp - ASDAN Sports & Fitness Level 1 Award
- Youth Scotland's iLead Programme - Hi5 Award





# IMPACT

*What young people say about PYP*

"I make lots of friends at the clubs and have great fun. We especially like playing tig and love it when we go to the park. Cant wait till that happens again".

"In PYP I have done an alcohol awareness workshop and it taught me not to go away spending my money on alcohol just because I had nothing else to do while i could be saving up that money and buy myself clothes and things in general".

"PYP is an amazing club they have helped me become more confident and more independant. We have lots of fun at PYP and they take us on fun trips and teach us things that can help us in life. The workers are kind and wont think twice about helping you or each other. They listen to your problems and help overcome your fears".

"When i went to PYP I got offered to go to the climbing academy with them and I thought I think I should go to this cause I'm ok at climbing. Then it was like ok I will try it and I was amazing at it. Everyone called me a show off but it has gave me more confidence and made me feel above and beyond good".

"In PYP I went to a place called Pinkston I went every Monday for 3 wees and it taught me that there is a lot more stuff I can achieve if I try because I never expected myself to be good at kayaking and never expected that. PYP were kind enough to offer me a chance to go and I have never experienced anythign like that before. I though this is amazing I'm happy I came to the activity and didnt turn it down".

"PYP is the most amazing place to be. I have a lot of fun and the staff are just incredible. I am so thankful I have this opportunity. I was scared at first to go incase I made no friends or I would have no one to talk to but going that one day was so worth it. I went to Pinkston Paddlesports and I was worried I would not be able to do a lot of the stuff but after the teachers helped I was more than happy with it. I also went to climbing academy and I was really scared but I wanted to overcome my fear of heights and a lot of the staff reassured me to try my best and I did. Thanks to them my fear of heights isnt so bad so thanks to PYP for teaching me that all I can do is try my best and I thank you all for making such a great club for everyone".



"PYP is good for my son he loved going to all the activities, you are all patient and amazing. A big thank you to all the staff ❤️"

# IMPACT

*What parents/carers are saying about PYP*

"My daughter loves this club it's given her more confidence and brings her out her shell. The club helps so much she looks forward to it".

"Drama is massively helped my daughter come out of her shell, she loves seeing her friends and building relationships and finds it lots of fun".!

"PYP has been has been amazing for my daughter. She has gained so much confidence through meeting new people and taking part in activities. The staff always have time to chat to not only the children but also the parents which is nice. I feel as though if I needed any help then I know that I could reach out to PYP and they would help if possible".

"PYP have had big positive impact in my sons life. It's part of his daily activities and I am so thankful that PYP exist. Also all the help that's been available to help us parents during difficult times is highly appreciated.

You do an excellent job and I feel at ease knowing my son is safe and happy in your pace. I hope this will be available and his wee sister will be attending too"

"PYP has done the world of good for my daughter she has went from very shy not leaving the house and never spoke to anyone until she joined the group she has a little more confidence and has made really good friends can't thank PYP enough for this x"

"PYP has been great and awesome!! Many thanks to PYP no dull moments for kids. Safety at its peak with excellence ...Long live PYP many of God's blessings. Thank you very much!!"

"PYP has been amazing with my daughter, she is 11 and I still feel she's too young to go out and hang around streets although her friends are out playing it just terrifies me, this day and age isn't the same as it was when I was young. PYP has been great for my daughter she's Met lovely friends throughout the years gained so much confidence with drama group and they do so much fun stuff with the kids, the staff are so down to earth & fantastic. I can't express enough how amazing you guys are and how much hard work you all put into PYP I really don't know what I would do without PYP sometimes ❤️"





# IMPACT

*Parents/carers cont.*

“PYP is good for my children they loved going to all the activities, you are all patient and amazing. A big thank you to all the staff ❤️”

“PYP is amazing my daughter really likes it. She enjoys all the activities she does plus the Staff is really kind, funny, welcoming, friendly and supportive and she always comes back with a smile on her face, thank you so much”

Pyp has been great for my son and opened up new opportunities that have taken him across the UK and allowed him to meet new peers

“Pyp is great for my son, trying new things, getting confidence and all the staff is amazing, he can't attend so often like before due to other activities but he is attending when he can and looking forward to it.”

“PYP is a great organisation for our community! It brings kids together to allow them to do a huge range of activities and to experience new places. It has helped the kids gain great social skills and ability to learn new things. The team are wonderful and I am very grateful to PYP for giving my daughter great memories”

“PYP Club is and has been a very helpful, effective and supportive club within our local community in Parkhead. It has done a great job in helping our children grow academically, socially, in arts, crafts, drama and culturally regardless of their ethnic origin or background. It has in particular helped my kids grow in self confidence and has greatly improved their social interactions with other kids”

“PYP is a very helpful, effective and supportive club within our community. It has done a great job in helping our children grow academically, socially, and culturally regardless of their ethnic origin or background. It has helped my kids grow in self confidence and improved their social interactions with other kids. Their fantastic staff team also go the extra mile in ensuring that all children have the tools needed to thrive and reach their full potentials at all times through their dedication and effort. For all that you do and more we sincerely salute you all”.

“My 3 have been going for years my oldest 23 now and my 18 year old have ADHD and the way the staff and helpers were able to understand them, (more than me at times ❤️) include them and help them overcome so many hurdles and be able to accept themselves and their condition, I owe so much to use all & as for my daughter she has, well should I say had leaving anxiety but since going to PYP she has come along so so much that she even went to Hopscotch this year 😊 and not once did she want to come home lol so yes PYP has been great for myself and my kids and hope to see it helping other families and young ones and run for many more years to come Use all do a fantastic job old and new staff ❤️”



# FINANCE

You can access our full annual accounts for 2022/2023 through Companies House <https://www.gov.uk/government/organisations/companies-house> or contact Parkhead Youth Project for a copy.

## Parkhead Youth Project

### Statement of Financial Activities (Incorporating an Income and Expenditure Account) for the Year Ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	24,966	96,049	121,015	147,266
Other trading activities	3	21,576	-	21,576	7,373
Other income	4	5,000	-	5,000	4,000
<b>Total</b>		<b>51,542</b>	<b>96,049</b>	<b>147,591</b>	<b>158,639</b>
<b>EXPENDITURE ON</b>					
Charitable activities	5	52,286	104,313	156,599	133,581
Core Activities					
<b>NET INCOME/(EXPENDITURE)</b>		<b>(744)</b>	<b>(8,264)</b>	<b>(9,008)</b>	<b>25,058</b>
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		62,437	22,081	84,518	59,460
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>61,693</b>	<b>13,817</b>	<b>75,510</b>	<b>84,518</b>

This statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities in both years.  
Comparative figures for the previous year by fund type are shown in Note 11.



## **ADDITIONAL THANKS**

**We would like to thank the following people for their contribution to PYP this year.**

**Our Board of Directors.**

- **Wullie Pearson - Chairperson**
- **Lois Marshall - Treasurer**
- **Claire Richards - Secretary**
- **Craig Thomson**
- **Louise Pearson**
- **Jamie Thomson**

**Our Volunteers especially Bader Abounour for all this help with the clubs and drop ins, Jamie Thomson for looking after the mini bus and Wullie Queen for being the driver for some of our groups. A big thank you to the Tron Theatre who gifted us 50 tickets for their panto Aganezer Scrooge through their Pay It Forward scheme. Everyone had a great time!**

**Thank you to the great staff team at PYP you all certainly do make a difference to the lives of these children and young people.**

**Most of all thank you to all the children and young people that have attended our services. We hope that you continue to do so as your voices are important to us. Thanks also to the families that have supported us and to everyone in the community that has enjoyed any of the events throughout the year. Watch this space as we move on to celebrate our 30th year and hope that you can all be part of it.**



## SPECIAL THANKS TO OUR FUNDERS



## AND OUR PARTNERS

